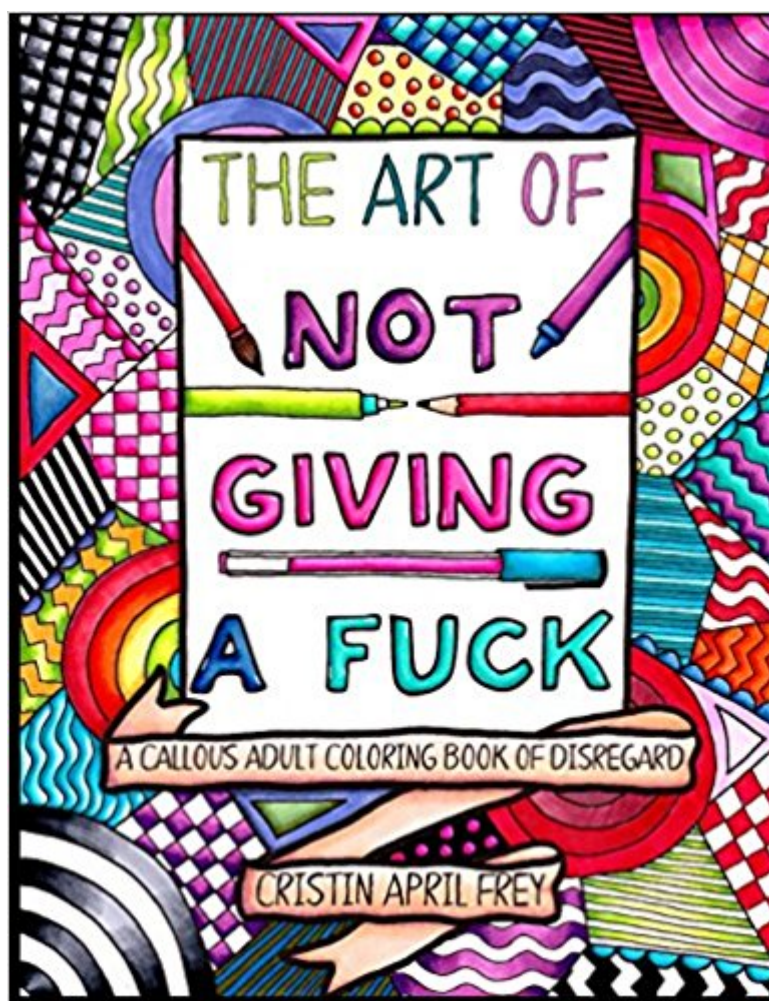


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# The Art Of Not Giving A Fuck: A Callous Adult Coloring Book Of Disregard



## Synopsis

A fun swearsy coloring book unlike any other! The Art of Not Giving a Fuck is a unique collection of 20 uncensored adult curse word coloring pages for you to use "swearapy" and color all the f\*cks you don't give! It is also a perfect gift for your foul-mouthed friends or family. Each coloring page is one-sided so you don't have to worry about ruining the back side of your coloring pages if you use markers or other wet mediums. There is a variety of original, completely hand-drawn original designs and sayings from simple and easy to intricate and challenging for all skill levels or to suit your mood. ALSO INCLUDED ARE 10 BONUS PAGES FROM HER ETSY SHOP!!! Have you ever wanted a custom message in a coloring page? Well, the artist has even included additional BONUS PAGES of her very own hand-drawn font letters for you to use to make your own personalized pages! Also included are blotter pages and a color palette practice sheet so you can test your colors before using them or practice your color blending. You can preview Cristin's work, read her reviews or buy printable PDF pages at her Etsy shop at [www.CristinApril.etsy.com](http://www.CristinApril.etsy.com). Adult coloring books are known to reduce stress, calm your thoughts, relieve anxiety, and even help with pain management. It can be used to practice mindfulness and meditation as well as a way to relax. With swearsy sayings, it makes stress relief much more fun! If you have a bit of sass in your attitude, you will love this coloring book for grown-ups and you will surely get a giggle or two out of it. For more information on the author/artist, please visit her website at [www.CristinApril.com](http://www.CristinApril.com).

## Book Information

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in [Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational](#)

## Customer Reviews

"Great way to deal with insomnia when life is stressing you out! Actually was a lot of fun. Thank you!" - Jean Selby  
"Creative, wonderfully, curse-filled coloring pages!! I love all her coloring books!" - Dean Geistweidt

Cristin April Frey is a self-taught artist who loves doodling, lettering, and sarcasm. She has combined these into unique hand-drawn original coloring pages for others to enjoy. Cristin resides in upstate New York with her rescue beagle, rescue husband, her daughter, and a whole lot of coffee and wine. She can be found online at her website [www.CristinApril.com](http://www.CristinApril.com). You can also find her on social networks such as Facebook, Twitter, Instagram, and Pinterest by searching for CristinApril. She loves to connect with her fans!

The market has become absolutely flooded with "sweary" word books but once again Cristin has set herself apart from the rest! You won't find your common swear word phrases in this book. Cristin has put her own creative spin on the phrases as well as the pictures she's created for you to color. They will tickle your funny bone as well as give you some new words of choice for when a "colorful phrase" moment happens, which as clumsy as I am pretty much happens everyday. You've also got a few for some situations where another person pisses you off as well lol! The very first page of Cristin's book is an invitation to join the Coloholics Anonymous Club for free which comes with quite a few nice perks! You'll also find all of her social media pages and her Etsy shop too. She also has a very sweet book dedication to her husband, a thank you to the colorist of the cover, an artist biography and the usual copyright info. The second page is your chance to color the cover, the third is a "This Book Belongs To" page, and after that are the actual book starts. One thing I LOVE about Cristin's pages is on the back you'll find the title and artist's name of the book and then a spot for the colorist's name, date you completed it, and the medium used. This REALLY comes in handy if you've got a wide variety of coloring supplies and want to do another picture the way you've done one out of this book. All you have to do is look at the back and you'll know exactly what you used! In the book you'll find 20 pictures to color ranging from fairly easy to somewhat detailed, and all give a giggle for sure! After the 20 pages that you paid for when you bought the book you get a surprise! Cristin has included 9 bonus pages AND GET THIS... since she has been flooded with so many requests for custom pages, she's generously given you her personal hand drawn font to create your very own pages! All you have to do is trace the letters and then doodle away to create your very own sweary word pages! She's included both upper and lower case letters along with some basic punctuation. The possibilities are endless and I PROMISE after reading all of Cristin's

hilarious phrases you'll be inspired to come up with some of your own or maybe you've already got some sayings in mind. Well, now you've got Cristin's custom font to create them yourself! In the back of the book, you'll find 3 blotter sheets that you can test pencils on you remove and use behind the page you're working on to prevent bleed thru and the very last page is a color palate page where Cristin has created 12 squares with spaces for 5 colors each so you can come up with different color palates you like before committing colors to a page. The pictures are printed single sided on non perforated paper that is of typical coloring book paper. Pencils work great because it's got a great tooth, allowing for lots of layering and blending. Markers will bleed thru and gel pens will probably just create a shadow on the page you're working on but just to be safe, when using markers or gel pens, i would use the blotter pages out of the back of the book. Overall, i gotta say Cristin really stepped it up a notch with this book and as i stated in the beginning of the book, you are not going to be getting a book with a bunch of sayings you've seen in almost every other "sweary" word book. I mean come on, do any of your other sweary word books have a page in them that says, "I'm a mermaid so f\*\*\* you" in them? I thought not lol! Happy f\*\*\*\*\*g coloring everyone!!! I hope you enjoy this book as much as i am!!!

A book of sassy "uncensored" adult sayings with attitude. For all those times you wish you can say something and can't. A great and funny way to relieve your stress. Definitely for adults only. The book measures 8.5 x 11 inches. It is glue bound on the left and non-perforated. The image quality is nice and clear, each surrounded with a bold black border. There is a white space margin around the border to the edge of the paper that measures approximately 1/4 inch, to slightly more on some. This border is great to allow for easy removal to frame or photocopy without losing or damaging some of the image. Images cover most of the page. The book has a very colorful and pleasing front cover. The back cover has 20 thumbnails photos of the images in the book. This book has 20 illustrations printed on one side of the paper. A must for coloring with markers and some gel pens or other wet medium that may cause bleed through. It also has 9 bonus pages near the back of the book, 3 blotter pages to be used to put behind your page you are coloring to help prevent bleed through to the next page, and 1 color palette practice sheet to test your colors. Her illustrations are hand-drawn and detailed, but most are not too intricate to cause difficulty for those with vision or dexterity issues. There are only a couple that may be more challenging. Cristin includes an "about me" page at the beginning, telling about herself, sharing her links to her work elsewhere; her Colorholics Anonymous Club (which is free); a dedication to her husband, copyright information, and a thank

you to the woman who colored the cover of the book. Next is the uncolored illustration of the cover that you can color yourself, as well as a page that says "this book belongs to" followed by a blank space for a name and a star for a page to color. On the back side of every illustration is a spot on the bottom to list the colorist name, date colored, and medium used. This is a nice addition. Cristin also has included the full alphabet in her own personal font, to allow you to trace and make up your own custom sayings. Lastly, the paper weight is about medium, which is standard for most adult coloring books. As with most, you can use crayons, colored pencils and some gel pens with no problem. Most markers can be used as well, but you will need to use the blotter pages underneath to avoid bleed through to next page. If you want to use watercolors, I would suggest photocopying to heavier weight paper, such as, card stock, mixed media or watercolor paper which will allow the paper to hold up to the water with no pilling or tearing. Most coloring books are not meant to hold up to water, so this is not an issue for me. I usually photocopy to card stock, as I normally use watercolor pencils and other wet medium. A nicely put together book for adults with good illustrations.

I am absolutely loving this coloring book! 'The Art of Not Giving a F\*\*\*' is full of hilarious, sassy sayings that most of us have probably said or at least really wished we could at a certain point! My friends who have watched me coloring in it have HAD to look through it, and I won't be surprised if they end up picking one up for themselves. I highly recommend this for anyone who is looking for something to help them express all of their innermost annoyed thoughts, and of course those of us who love to persevere through the toughest of times with a smirk on our face!

This is my second purchase from this talented artist. I thoroughly enjoyed her first book - 'Sassy Sayings, Snarky Sarcasms, & Saucy Swears: A Coloring Book for Adults' but this one blew me away! The pages are cute and hilarious! It literally made me laugh out loud. If you are having a bad day, crack this book open and color, it will help you forget about your sh\*tty day for a while. I was lucky enough to purchase it while it was introductory priced and after I received the book (thank you for the quick shipping), I immediately placed another order for 2 more books to give to family and friends as gifts. Get it, you'll love it too!

This book is a real hoot!!! I've really enjoyed laughing & coloring so much! Every colorist should have one of these around just for when they need a good laugh!! Cristin is a great artist & I will definitely be following her work! Treat yourself to one today! You won't be sorry!!!

This book contains swear words, so don't buy it, and then bitch that it has swear words. Ok, that being said, if you like swearing and snarkiness, well this is for you. Pages of fun, and something for everyone! Buy it, you'll like it! Æf Æ Æ Æ Æ Æ Æ Æ

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